

Teaching Experience

- 2020 **Duquesne University - Adjunct Instructor**
Responsibilities: Creation of syllabus, adherence to CACREP standards, instructed on the subject of diagnosis and treatment planning
- 2019 **Duquesne University - Teaching Assistant**
Responsibilities: Supplemented the professor's theoretical knowledge of lifespan development with applied counseling examples and lessons. Prepared one full lesson for class. Graded papers and consulted with students individually for projects
- 2018 **Duquesne University - Instructor of Record**
Responsibilities: Instructed a Master's level Counseling Theories course, planned and implemented independent syllabus, graded all assignments
- 2008 - 2010 Allegheny College - **Teaching Assistant** in German Department
Responsibilities: Instructed 8-20 students per class, developed and utilized self-made grading rubric, taught classes and labs using my own lesson plans

Supervision Experience

- 2015 - present Western Psychiatric Hospital - **Internship Program Coordinator**
Responsibilities: Creation of internship program, review of appropriate clinician supervisors, interviewing students, weekly individual supervision, biweekly group supervision
- 2018 - 2019 **Chatham University - Clinical Instructor**
Responsibilities: Supervision of Chatham interns, frequent discussion with Chatham about future students and supervision programs
- 2018 - 2019 Duquesne University - Individual and Group Practicum and Internship Supervisor
Responsibilities: Working with a group of Master's students on basic skills around

Relevant Professional Employment

- 2020 - present **Rhodes Counseling LLC - Owner and Professional Counselor**
- 2018 - present **Western Psychiatric Hospital - Behavioral Health Therapist II**
Responsibilities: Management of a 40+ client caseload, management of interns and intern supervisors, outpatient group facilitation, assessments
- 2017 - 2018 **Western Psychiatric Institute and Clinic - Behavioral Health Therapist I**

2015 - 2017 **Western Psychiatric Institute and Clinic - Psych Specialty Counselor**
 Responsibilities: Manage a caseload of 40+ clients, create and implement new internship curriculum, manage interns and supervisors, facilitate outpatient group, create trainings
 Responsibilities: Manage a caseload of 40+ clients, impart counseling knowledge to interns, create groups, complete assessments, create trainings

Training Opportunities

Crisis Intervention	Completed Critical Incident Stress Management training (27 hours)
DBT	Dialectical behavior therapy training completed through PESI and certification earned
Gestalt Therapy Seminars	Seminars include: Use of Gestalt Therapy for Substance Use Disorder Treatment: Creating a Path Towards Wholeness and Healing; Gestalt Therapy: Clinical Skill Development & Application; Working with Shame: A Gestalt Perspective
Gestalt Therapy Training	Two-year advanced training in Gestalt therapy
Internal Family Systems	Seminars include: Internal Family Systems Therapy: Step-by-Step Procedures for Healing Traumatic Wounds and Alleviating Anxiety, Depression, Trauma, Addiction and More; Internal Family Systems (IFS): Development Application and Transformational Model to Effectively Help Clients Improve Well-Being; Attachment & IFS: Healing Trauma and Attachment Wounds that Befriend the Body
Internship	Western Psychiatric Institute and Clinic - Dual Diagnosis Intern - Responsibilities: Creating and facilitating IOP three times per week, counseling individuals, researching and incorporating Motivational Interviewing into practicing knowledge
Motivational Interviewing	Completed basic and advanced SBIRT (Screening, Brief Intervention, and Referral to Treatment) training , as well as mandated and regular MI training and updates
Practicum	Salvation Army Harbor Light Center - Drug and Alcohol Counseling Practicum Student - Responsibilities: Creating and facilitating three to four group sessions per day, counseling three clients individually , 100 hours completed on-site
Substance Use	Completed all DDAP-provided trainings regarding substance Use, on-going and advanced training at WPH around models of substance use treatment
Supervision	Completed advanced supervision training, coursework, and practice in my doctoral program at Duquesne University
Training the Trainers	Completed training around methods of training counselors and helping professionals (25 hours)

Credentials, Honors Societies, Licenses, and Professional Organizations

2021 - present	Certified Dialectical Behavior Therapist (CDBT)
2020 - present	Approved Clinical Supervisor (ACS)
2018 - present	Licensed Professional Counselor (LPC)
2015 - present	Nationally Certified Counselor (NCC)
2013 - present	Chi Sigma Iota International Counselors Honor Society - Upsilon Chapter (Member)
2012 - present	American Counseling Association (Professional Member)
2008 - present	Psi Chi National Psychology Honor Society (Member)

Pertinent Coursework

Doctoral Work	Instructional Methods - Educational Statistics I - Professional Writing in Counseling - Professional Development and Continuing Issues in Counselor Education - Doctoral Research and Design Seminar - Educational Statistics II - Counseling Supervision: Theory and Practice - Advanced Counseling and Consultation Theory - Counseling Supervision Seminar and Practice I - Doctoral Practicum - Educational (Multivariate) Statistics III - Group Counseling - Group Counseling Lab - Internship I - Internship II - Theoretical Foundations of Qualitative Research - Advanced Topics in Qualitative Research - Leadership and Culture in Counselor Education and Supervision - Dissertation Seminar - Methods of Individual Assessment - Dissertation
Master's Work	Professional and Ethical Practices in Counseling - Counseling and Consulting Theory - Multicultural Issues and Strategies in Counseling - Social Systems in Counseling - Introduction to Marriage and Family Therapy - Statistics in Behavioral Research - Group Counseling - Theories and Techniques - Therapeutic Techniques in Counseling - Crisis, Trauma, and Disaster Counseling - Psychotherapeutic Aspects of Human Sexuality - Introduction to Community Mental Health Counseling - Diagnosis and Treatment Planning - Advanced Marriage and Family Therapy - Lifespan Development in Counseling - Career and Vocational Counseling - Practicum - Psychological Testing - Child and Adolescent Counseling - Internship I - Internship II
Bachelor's Work	Sensation and Perception - Abnormal Psychology - Industrial/Organizational Psychology - Lifespan Developmental Psychology - Personality - Economic Statistics - Economic Statistics II

GRE Scores

	<u>Verbal Reasoning</u>	<u>Quantitative Reasoning</u>	<u>Analytical Writing</u>
11/20/2014	163 (92nd %-ile)	156 (64th %-ile)	4.0 (56th %-ile)
10/30/2014	157 (74th %-ile)	153 (52nd %-ile)	4.5 (80th %-ile)